

## CSSSA DANCE REQUIRED ASSIGNMENTS - 2023

The Dance Department at CSSSA welcomes anyone to audition, regardless of their previous experience in dance. There are multiple levels at CSSSA to best teach and accommodate students with differing experiences across dance disciplines. All genres of dance are also welcome, including ballet, hip hop, modern, tap, etc.

Applicants to the Dance program must submit a completed online application, teacher recommendation forms and upload the following assignments:

**A. Introduction:** In a brief introductory video, tell us about your dance experience and what you hope to gain by joining CSSSA. If you do ballet pointe, hip hop, tap dancing or other genres of dance, let us know how many years you've been doing them.

**B. Warm-up:** Execute a **STANDING** dance warm-up (not to exceed two minutes) that shows your technical strengths and abilities (no floor warm up is needed). The warm-up must emphasize strength, stretch, balance, coordination, and rhythm. In center floor, please include jumps and turns. You may perform this warm-up to music if you wish but it is not required.

**C. Performance/Choreography:** Perform one or two dances (not to exceed a total of four minutes) that you have studied and/or choreographed yourself. Describe your selection(s) indicating the choreographer(s) and musical composer(s) at the beginning of this section. **Please do not submit group performance videos** as they will not be accepted.

If you would like to do pointework at CSSSA, please ensure that we see some pointework (either in the warm-up, or as a variation in the performance/choreography section). Pointe is not a requirement for students at CSSSA.

**D. If you tap, please submit a tap video (no longer than 1 minute).** Tap is not a requirement for students at CSSSA. (Tap may or may not be offered at CSSSA, depending on numbers of interested students.)

### **RETURNING STUDENTS ONLY:**

Briefly state your specific learning objectives and reasons for wanting to return to the CSSSA Dance Program. This may be added to your introduction video. If you previously attended CSSSA in an artistic discipline other than Dance, you must submit a recommendation from a CSSSA instructor in that department.

### **ALL APPLICANTS PLEASE NOTE:**

All applications must wear form fitting dance attire so that we can see you move. No loose-fitting clothing please.

Time limits are strictly enforced, so please do not exceed them in your video recording.

Be sure to check your video before you upload it to make certain that it is viewable. You may upload one file with the intro, warm-up, and performance/choreography or they can be separate files.